

Justin J. Ernat, MD, MHA, FAAOS

Work Address:

University of Utah Health
590 Wakara Way
Salt Lake City, Utah
(801) 587-7109

Work Experience:

SEP 2021 – present	University of Utah Department of Orthopaedics, Salt Lake City, UT – Sports Medicine Orthopedic Surgery
JUL 2016 – JUN 2020	Blanchfield Army Community Hospital, Fort Campbell, KY – Orthopedic Surgeon
OCT 2018 – JUN 2020	Martin & Tipton Inc., Canton, OH – Orthopedic Independent Medical Examiner
NOV 2017 – FEB 2020	Mercy Hospital Joplin, Joplin, MO – Orthopedic Trauma Surgeon
JUN – NOV 2019	Tennova Healthcare, Clarksville, TN – Orthopedic Trauma Surgeon

Education/Degrees/Certification:

JUL 2020 – JUL 2021	The Steadman Clinic/Steadman Philippon Research Institute, Sports Medicine Fellowship - Directors: Dr.'s Matthew Provencher and Marc Philippon - 181 W. Meadow Dr., St. 400, Vail, CO 81657; (970) 476-1100
JUL 2018	American Board of Orthopaedic Surgery – Board Certified Diplomate - 400 Silver Cedar Ct., Chapel Hill, NC 27514; (919) 929-7103
JUL 2011 – JUN 2016	Tripler Army Medical Center, Orthopedic Surgical Residency - Directors: Dr.'s John Tokish and Paul Ryan - 1 Jarrett White Rd., Tripler AMC, HI 96859; (808) 433-3557
MAR 2011 – JUN 2014	Rosalind Franklin University of Medicine and Science – Healthcare Administration and Management, MHA - 3333 Green Bay Rd., North Chicago, IL 60064; (847) 578-3000
AUG 2007 – JUN 2011	Rosalind Franklin University of Medicine and Science – Chicago Medical School, MD - 3333 Green Bay Rd., North Chicago, IL 60064; (847) 578-3000
AUG 2003 – MAY 2007	Illinois Wesleyan University, BA – Magna Cum Laude, Chemistry - 1312 Park St., Bloomington, IL 61701; (309) 556-1000

Honors/Awards/Achievements:

JUL 2021	2021 American Orthopedic Society for Sports Medicine Emerging Leaders Retreat Participant
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JUN 2020	Army Meritorious Service Medal
APR 2019	Army Commendation Medal with C-device -Exceptional service in assistance of the 102 nd Forward Surgical Team during Operation Inherent Resolve, Syria
JUN 2016	Army Commendation Medal -Exceptional achievement as an orthopedic surgery resident
JUL 2015, JUL 2016	Army Achievement Medal -Outstanding achievement as an orthopedic resident
FEB 2015	2015 Orthopedic Trauma Association (OTA), nominee for best clinical paper for “Fracture Classification Predicts Functional Outcomes in Supracondylar Humerus Fractures: A Prospective Study.”
SEP 2015	American Society for Surgery of the Hand (ASSH)/Adrian E. Flatt Residents and Fellows Conference Annual Meeting Scholarship, recipient
MAR 2014	Shriner’s Hospital for Children, International Pediatric Orthopedic Society (IPOS) Scholarship, recipient
JUN 2014	National Honor Society of Upsilon Phi Delta, Healthcare Administration and Management at Rosalind Franklin University of Medicine and Science, College of Health Professions
JUN 2011	Gold Humanism in Medicine Honor Society, Chicago Medical School at Rosalind Franklin University of Medicine and Science

Publications/Book Chapters:

1. Lee S, Krych AJ, Peebles AM, Rider D, Dekker TJ, Arner JW, Ernat JJ, Whalen RJ, Provencher MT. Outcomes of Open versus Arthroscopic HAGL Tears are Similar. *Anticipated – AJSM*.
2. Foster MJ, Hanson JA, Dornan GJ, Ernat JJ, Rakowski DR, Melugin HP, Vopat ML, Provencher MT, Millett PJ. Use of CT in the Evaluation of Anterior Shoulder Instability, Does it Change Surgical Management? *Anticipated – AJSM*.
3. Hanson JA, Horan MP, Foster MJ, Whitney KE, Ernat JJ, Rakowski DR, Peebles AM, Huard J, Provencher MT, Millett PJ. Clinical Outcomes of Pectoralis Major Tendon Repair with and without Platelet-Rich Plasma. *Arthrosc Sports Med Rehabil*. 2022 Sep 6;4(5):e1739-e1746. doi: 10.1016/j.asmr.2022.06.021. PMID: 36312699; PMCID: PMC9596906.
- Presented at the Society of Military Orthopedic Surgeons 2022 Annual Meeting
4. Featherall J, Metz AK, Froerer DL, Rosenthal RM, Mortensen AJ, Ernat JJ, Maak TG, Aoki SK. The Schöttle Point Is Consistently Located Distal to the Medial Femoral Physis in Pediatric Patients: A Digitally Reconstructed Radiographic Study. *Am J Sports Med*. 2022 Nov;50(13):3565-3570. doi: 10.1177/03635465221125470. Epub 2022 Oct 19. PMID: 36259691.
5. Ernat JJ, Comfort SM, Jildeh TR, Ruzbarsky JJ, Philippon MJ. Effect of Anchor Density on Functional Outcomes After Arthroscopic Hip Labral Repair. *Am J Sports Med*. 2022 Sep

19:3635465221121577. doi: 10.1177/03635465221121577. Epub ahead of print. PMID: 36122359.

6. Ernat JJ, Jildeh TR, Peebles AM, Hanson JA, Mologne MS, Golijanin P, Provencher MT. How to Fashion the Bone Block for Reconstruction of the Glenoid in Anterior and Posterior Instability. *Am J Sports Med.* 2022 Sep 19:3635465221121583. doi: 10.1177/03635465221121583. Epub ahead of print. PMID: 36122346.

- Presented at the Society of Military Orthopedic Surgeons 2022 Annual Meeting

7. Waltz RA, Peebles AM, Ernat JJ, Eble SK, Denard PJ, Romeo AA, Golijanin P, Liegel SM, Provencher MT. Commercial 3-dimensional imaging programs are not created equal: version and inclination measurement positions vary among preoperative planning software. *JSES Int.* 2022 Feb 11;6(3):413-420. doi: 10.1016/j.jseint.2022.01.006. PMID: 35572452; PMCID: PMC9091744.

8. Ernat JJ, Golijanin P, Peebles AM, Eble SK, Midtgaard KS, Provencher MT. Anterior and posterior glenoid bone loss in patients receiving surgery for glenohumeral instability is not the same: a comparative 3-dimensional imaging analysis. *JSES Int.* 2022 Feb 26;6(4):581-586. doi: 10.1016/j.jseint.2022.02.007. PMID: 35813144; PMCID: PMC9264014.

-Presented at the Society of Military Orthopedic Surgeons 2021 Annual Meeting

9. Lee S, Rakowski DR, Horan MP, Hanson JA, Ernat JJ, Millett PJ. Open Anterior Capsular Reconstruction With a Dermal Allograft Is a Viable Nonarthroplasty Salvage Procedure for Irreparable Subscapularis Tears at a Minimum 2-Year Follow-up. *Arthrosc Sports Med Rehabil.* 2022 Jun 7;4(4):e1291-e1297. doi: 10.1016/j.asmr.2022.04.005. PMID: 36033201; PMCID: PMC9402413.

10. Comfort SM, Ruzbarsky JJ, Ernat JJ, Philippon MJ. Preoperative Magnetic Resonance Imaging Predicts Intraoperative Labral Width at the 9-O'clock and 12-O'clock Positions in Primary Hip Arthroscopy. *Arthrosc Sports Med Rehabil.* 2022 Jun 11;4(4):e1331-e1337. doi: 10.1016/j.asmr.2022.04.017. PMID: 36033185; PMCID: PMC9402421.

-Presented at the Canadian Orthopedic Association 2022 Annual Meeting

11. Ernat JJ, Rakowski DR, Casp AJ, Lee S, Peebles AM, Hanson JA, Provencher MT, Millett PJ. Shoulder Arthroscopy in Conjunction With an Open Latarjet Procedure Can Identify Pathology That May Not Be Accounted for With Magnetic Resonance Imaging. *Arthrosc Sports Med Rehabil.* 2021 Dec 7;4(2):e301-e307. doi: 10.1016/j.asmr.2021.09.014. PMID: 35494302; PMCID: PMC9042768.

-Presented at the Society of Military Orthopedic Surgeons 2021 Annual Meeting

12. Hazra, RO, Ernat, JJ, Rakowski, DR, Millett PJ. Return to sports and work after anterior shoulder instability. *Obere Extremität* (2022). <https://doi.org/10.1007/s11678-022-00685-w>

13. Ernat JJ, Peebles AM, Provencher MT. Open Excision of a Painful Fabella. *Arthrosc Tech.* 2022 Mar 16;11(4):e577-e581. doi: 10.1016/j.eats.2021.12.010. PMID: 35493044; PMCID: PMC9051884.

14. Pearce SS, Ruzbarsky JJ, Ernat JJ, Rakowski DR, Hanson JA, Millett PJ. Arthroscopic Subcoracoid Decompression, Coracoplasty, and Subscapularis Repair for Subscapularis Tears in the Setting of Subcoracoid Impingement. *Arthrosc Tech.* 2022 Feb 11;11(3):e333-e338. doi: 10.1016/j.eats.2021.10.026. PMID: 35256972; PMCID: PMC8897572.

15. Ernat JJ, Rakowski DR, Ruzbarsky JJ, Johnson DW, Casp AJ, Peebles AM, Hanson J, Katthagan JC, Horan MP, Provencher CMT, Millett PJ. Arthroscopic Characterization, Treatment, and Outcomes of Glenoid Labral Articular Disruption Lesions. *Am J Sports Med.* 2022 Apr;50(5):1328-1335. doi: 10.1177/03635465221076854. Epub 2022 Mar 2. PMID: 35234526.
-Presented at the Society of Military Orthopedic Surgeons 2021 Annual Meeting
16. Ernat JJ, Rakowski DR, Hanson JA, Casp AJ, Lee S, Peebles AM, Horan MP, Provencher CMT, Millett PJ. High Rate of Return to Sport and Excellent Patient Reported Outcomes After an Open Latarjet Procedure. *J Shoulder Elbow Surg.* 2022 Feb 18:S1058-2746(22)00235-X. doi: 10.1016/j.jse.2022.01.139. Epub ahead of print. PMID: 35189371.
-Poster presentation at the American Orthopedic Society for Sports Medicine 2022 Annual Meeting.
-Poster presentation at the Arthroscopy Association of North America 2022 Annual Meeting
-Presented at the Society of Military Orthopedic Surgeons 2021 Annual Meeting
-Presented at the American Society for Shoulder and Elbow Surgeons 2021 Fellows Conference
17. Ernat JJ, Peebles AM, Provencher MT. Lateral Collateral Ligament and Proximal Tibiofibular Joint Reconstruction for Tibiofibular Instability. *Arthrosc Tech.* 2022 Jan 23;11(2):e251-e256. doi: 10.1016/j.eats.2021.10.015. PMID: 35155120; PMCID: PMC8821712.
18. Dey Hazra RO, Ernat JJ, Rakowski DR, Boykin RE, Millett PJ. The Evolution of Arthroscopic Rotator Cuff Repair. *Orthop J Sports Med.* 2021 Dec 6;9(12):23259671211050899. doi: 10.1177/23259671211050899. Erratum in: *Orthop J Sports Med.* 2022 Jan 10;10(1):23259671211071036. PMID: 34901288; PMCID: PMC8652190.
19. Rakowski DR, Zarkadis NJ, Ernat JJ. Combined Arthroscopic Superior and Anterior Capsular Reconstruction of the Glenohumeral Joint: A Case Report. *JBJS Case Connect.* 2021 Aug 4;11(3). doi: 10.2106/JBJS.CC.20.00943. PMID: 34739395.
20. Ernat JJ, Rakowski DR, Casp AJ, Horan MP, Millett PJ. Results of arthroscopic rotator cuff repair for calcific tendonitis: a comparative analysis. *J Shoulder Elbow Surg.* 2022 Mar;31(3):616-622. doi: 10.1016/j.jse.2021.08.007. Epub 2021 Sep 1. PMID: 34481052.
-Presented at the Society of Military Orthopedic Surgeons 2021 Annual Meeting
21. Ernat JJ, Lee S. Editorial Commentary: Identifying the Large Glenoid Labrum Tear is not as Easy as it Seems. *Arthroscopy.* 2021 Jun;37(6):1745-1747. PMID: 34090562.
22. Ernat JJ, Rakowski D, Millett PJ. Single Stage Anterior Cruciate Ligament Revision Reconstruction Using an Allograft Bone Dowel for a Malpositioned and Widened Femoral Tunnel. *Arthroscopy Techniques.* 2021 Jun 20;10(7):e1793-e1797. PMID: 34336577.
23. Ernat JJ, Rakowski D, Wright C, Millett PJ. The Comprehensive Arthroscopic Management (CAM) Procedure for Severe Glenohumeral Joint Osteoarthritis in an Ultimate Fighting Championship (UFC) Fighter: A Case Report. *JBJS Case Connect.* 2021 Apr 29;11(2). PMID: 33914711
24. Ernat JJ, Millett PJ. Editorial Commentary: Snapping Scapula Syndrome: Predictors of Outcomes After Arthroscopic Treatment. *Arthroscopy.* 2020 Dec;36(12):2973-2974. PMID: 33276885.

25. Ernat JJ, Stake I, Fukase N, Waltz RA, Ravuri S, Huard J. A Review of Bone Marrow Aspirate Concentrate and Its Use in Primary Osteoarthritis of the Knee. *Journal of Orthopaedics and Sports Medicine*. 3 (2021): 062-074.
26. Ernat JJ, Wimberly RL, Ho CA, Riccio AI. Vascular Examination Predicts Functional Outcomes in Supracondylar Humerus Fractures: A Prospective Study. *J Child Orthop*. 2020 Dec 1;14(6):495-501. PMID: 33343743.
27. Ernat JJ, Yheulon CG, Lopez AJ, Warth LC. Does the h-index and self-citation affect external funding of orthopedic surgery research? An analysis of fellowship directors and their subspecialties. *J Orthop*. 2020 Jan;20:92-96. PMID: 32042236.
-Presented at the Society of Military Orthopedic Surgeons 2019 Annual Meeting
28. Ernat JJ, Yheulon CG, Shaha JS. Arthroscopic Repair of 270° and 360° Glenoid Labrum Tears: A Systematic Review. *Arthroscopy*. 2020 Jan;36(1):307-317. PMID: 31708356.
29. Yheulon CG, Cole WC, Ernat JJ, Davis SS. Normalized Competitive Index: Analyzing Trends in Surgical Fellowship Training Over the Past Decade (2009-2018). *J Surg Educ*. 2020 Jan – Feb;77(1):74-81. PMID 31422019.
30. Ernat JJ, Wimberly RL, Samchukov ML, Cherkashin AM, Birch JG. Staged Reconstruction for Type IV Tibial Deficiency (Distal Tibio-Fibular Diastasis) A Report of Two Cases. *JBJS Case Connector*. 2019 Dec;9(4):e0088. PMID: 31850911.
31. Yheulon CG, Balla FM, Ernat JJ, Lin E, Davis SS. Academic Inertia: Examining Scholarly Output Over Time Among Academic Minimally Invasive Surgeons. *Am J Surg*. 2019 Nov;218(5):813-817. PMID: 30910131.
32. Ernat JJ, Song DJ, Cage JM, Lee G, Tokish JM. Return to Duty After Mini-Open Arthroscopic-Assisted Treatment of Femoroacetabular Impingement in an Active Military Population. *ASMAR*. 2019 Nov;1(1):e15-e23. PMID: 32267252.
-Presented at the Society of Military Orthopedic Surgeons 2012 Annual Meeting
-Presented at the American Academy of Orthopedic Surgeons 2013 Annual Meeting
-Presented at the Arthroscopy Association of North America 2013 Annual Meeting
33. Galvin JW, Ernat JJ, Grippo RJ, Li X, Parada SA, Eichinger JK. Analysis of Glenohumeral Joint Intraarticular Pressure Measurements in Volume-Limited MR Arthrograms in Patients with Shoulder Instability Compared to a Control Group. *J Orthop*. 2019 Aug 13;17:63-68. PMID: 31879476.
34. Yheulon CG, Schluskel AT, Ernat JJ, Cafasso DE, Carlson TL, Gallagher ME, Kellicut DC. Scholarly output and the impact of self-citation among surgical fellowship program directors. *Am J Surg*. 2019 Jul 9. [Epub ahead of print]. PMID 31303252.
35. Rodriguez RM, Ernat JJ. Ultrasonography for Dorsal-Sided Wrist Pain in a Combat Environment: Technique, Pearls, and a Case Report of Dynamic Evaluation of the Scapholunate Ligament. *Mil Med*. 2019 Jun 27. [Epub ahead of print]. PMID: 31247089.
36. Ernat J, Johnson J, Anderson C, Ryan P, Yim D. Does Clinical Exam and Ultrasound Compare with MRI Findings When Assessing Tendon Approximation in Acute Achilles Tendon Tears? A Clinical

Study. *J Foot Ankle Surg.* 2019 Jan;58(1):161-164. PMID: 30314935.

-Presented at the 2017 Society of Military Orthopedic Surgeons Annual Meeting

37. Ernat JJ, Galvin JW. Snapping Biceps Femoris Tendon. *Am J Orthop* (Belle Mead NJ). 2018 Jul;47(7). PMID: 30075041.

38. Galvin JW, Ernat JJ, Waterman BR, Stadecker MJ, Parada SA. The Epidemiology and Natural History of Anterior Shoulder Instability. *Curr Rev Musculoskelet Med.* 2017 Dec;10(4):411-424. PMID: 29038951.

39. Ernat JJ, Riccio AI, Wimberly RL, Podeszwa DA, Ho CA. Fracture Classification Does Not Predict Functional Outcomes in Supracondylar Humerus Fractures: A Prospective Study. *JPO.* 2017 Jun;37(4):e233-e237. PMID:27776052.

-Presented at the Pediatric Orthopaedic Society of North America 2015 Annual Meeting

-Presented at the European Pediatric Orthopaedic Society 2015 Annual Meeting (Best Clinical Paper Award Nominee)

-Presented at the American Academy of Pediatrics 2015 National Conference

-Presented at the Society of Military Orthopedic Surgeons 2015 Annual Meeting

-Presented at the Orthopaedic Trauma Association 2015 Annual Meeting (Clinical Paper Award Nominee)

40. Belyea CM, Ernat JJ, Gumboc RD. Removal of a Contraceptive Implant from the Brachial Neurovascular Sheath: A Case Report. *JHS.* 2017 Feb;42(2):e115-e117. PMID: 27889093.

41. Ernat JJ, Bottoni CR, Rowles DJ. Successful Nonoperative Management of a HAGL Lesion with a Concurrent Axillary Nerve Injury in an Active Duty Navy SEAL. *Am J Orthop* (Belle Mead NJ). 2016 Jul-Aug;45(5):E236- 239. PMID: 27552458.

42. Ernat JJ, Riccio AI, Fitzpatrick K, Jo C, Wimberly RL. Osteomyelitis is commonly associated with septic arthritis of the shoulder in children. *JPO.* 2015 Dec 19. Epub. PMID: 26691242.

-Presented at the European Pediatric Orthopaedic Society 2015 Annual Meeting

-Presented at the Society of Military Orthopedic Surgeons 2015 Annual Meeting

43. Ernat JJ, Song DS, Fazio MG, Lindell KK, Orchowski JR. Radiographic Changes and Fracture in Patients Having Received Bisphosphonate Therapy for ≥ 5 Years at a Single Institution. *Mil Med.* 2015. Dec;180(12):1214-1218. PMID: 26633664.

-Presented at the Society of Military Orthopedic Surgeons 2013 Annual Meeting

44. Ernat JJ, Song DS, Brugman SC, Shaha S, Tokish JM, Lee G. Mental Health Medication Use Correlates with Poor Outcome After Femoroacetabular Impingement Surgery in a Military Population. *JBS Am.* 2015 Aug 05;97(15):1272-1277. PMID: 26246262.

-Presented at the Society of Military Orthopedic Surgeons 2013 Annual Meeting

-Presented at the Western Orthopaedic Association 2014 Annual Meeting

45. Ernat JJ, Knox JB, Wimberly RL, Riccio AI. The Effects of Restraint Type on Pattern of Spine Injury in Children. *JPO.* 2015 Apr 9. Epub. PMID: 25887833.

-Presented at the Society of Military Orthopedic Surgeons 2012 Annual Meeting

-Presented at the North American Spine Society 2013 Annual Meeting

-Presented at the Orthopaedic Trauma Association 2013 Annual Meeting

-Presented at the Western Orthopaedic Association 2014 Annual Meeting

46. Knox JB, Cage JM, Ernat JJ. "Pediatric Spinal Cord Injury". In Holloway AA, *Paraplegia: Clinical Characteristics, Prevalence and Treatment Outcomes*. 2015, Hauppauge, NY: Nova Publishers.
47. Levy J, Ernat J, Song D, Cook JB, Judd D, Shaha S. Outcomes of Long Arm Casting Versus Double Sugar Tong Splinting of Acute Pediatric Distal Forearm Fractures. *JPO*. 2015 Jan;35(1):11-17. PMID: 24787302.
-Presented at the American Academy of Orthopedic Surgeons 2014 Annual Meeting
-Presented at the Society of Military Orthopedic Surgeons 2013 Annual Meeting
48. Ernat JJ, Knox JB, Orchowski JR. Incidence and Risk Factors for Acute Low Back Pain in Active Duty Infantry. *Mil Med*. 2012;177(11):1348-1351. PMID: 23198512.
-Presented at the Society of Military Orthopedic Surgeons 2011 Annual Meeting
49. Rogers JL, Ernat JJ, Yung H, Mohan RS. Environmentally friendly organic synthesis using bismuth compounds. Bismuth(III) bromide catalyzed synthesis of substituted tetrahydroquinoline derivatives. *Catalysis Communications*. 2009;10(5):625-626.
50. Bailey AD, Cherney SM, Anzalone PW, Anderson ED, Ernat JJ, Mohan RS. A convenient method for in situ generation of I₂ using CuSO₄-NaI and its applications to deprotection of acetals, etherifications, and iodolactonizations. *SynLett*. 2006:215-218.
51. Anderson ED, Ernat JJ, Nguyen MP, Palma AC, Mohan RS. Environment friendly organic synthesis using bismuth compounds. An efficient method for carbonyl-ene reactions catalyzed by bismuth triflate. *Tetrahedron Letters*. 2005;46:7747-7750.

Presentations/Panels:

Ernat JJ

"PRP – What Works in 2023?"

-AAOS/AOSSM/AANA Sports Medicine Course, 2023

Ernat JJ

"ACL and LCL Insufficiency – Acute, Chronic, What Should we Do?"

- AAOS/AOSSM/AANA Sports Medicine Course, 2023

Ernat JJ, Provencher MT, Vidal AF, Getgood A, Matzkin EG

"More Ligament Challenges: Case Based Learning"

- AAOS/AOSSM/AANA Sports Medicine Course, 2023

Ernat JJ, Cole BJ, Frank RM

"Ortho Biologics in 2023 -Where are We Now?"

- AAOS/AOSSM/AANA Sports Medicine Course, 2023

Ernat JJ

"An Update on the Evaluation and Management of Primary Anterior Shoulder Instability"

-Physician Assistants in Orthopaedic Surgery Annual Conference, 2022

Ernat JJ

"Evaluation of the Shoulder"

-46th Annual Utah PA & NP Conference, 2022

Ernat JJ, Bonner K, Flanigan D, Joyner P
"State-of-the-Art ACL Reconstruction and Meniscal Repair" from Mitek Sports Medicine.
-Arthroscopy Association of North America Annual Meeting, 2022

Ernat JJ
"Evolution of Arthroscopic Rotator Cuff Repair"
-University of Utah Orthopaedic Grand Rounds, 2021

Ernat JJ
"An Update on the Natural History and Epidemiology of Nonoperative Management of Anterior Shoulder Instability"
-The Colorado Athletic Trainers Association Annual Meeting, 2021

Ernat JJ
"Evaluation and Management of Rotator Cuff Tendon Tears"
Graft Selection for ACL Reconstruction – Panel
-Physician Assistants in Orthopaedic Surgery Annual Conference, 2018

Teaching/Educational Experience and Materials

MAY 2023	Participant, PAC-12 Student-Athlete Health Conference
OCT 2022	Instructor, AANA Foundations in Arthroscopy Course
JAN 2023 – present	Editorial Board Member, Arthroscopy: The Journal of Arthroscopic and Related Surgery
AUG 2022 – present	Arthroscopy Association of North America, Emerging Leaders Program Task Force
AUG 2022 – AUG 2026	American Orthopedic Society for Sports Medicine, Enduring Education Committee Member
AUG 2022 – present	American Orthopedic Society for Sports Medicine, Self-Assessment Examination Committee, member
AUG 2022 – present	University of Utah Sports Medicine Division, Educational Curriculum Coordinator for Resident and Fellow Education
JUL 2022	All Inside Quad ACL Reconstruction Using a soft tissue Quadriceps Tendon Autograft – Surgical Technique Guide, Depuy Synthes Mitek Sports Medicine
DEC 2022 – present	Arthroscopy Association of North America, Comprehensive Arthroscopy Self-Examination Program, member
JUN 2022	Medial Collateral Ligament (MCL) Reconstruction Using a Semitendinosus Allograft – Surgical Technique Guide, Depuy Synthes Mitek Sports Medicine
MAY 2022	Participant, PAC-12 Student-Athlete Health Conference

MAY 2022 – MAY 2024	Arthroscopy Association of North America, Membership Committee Member
NOV 2021	Instructor, AANA Foundations in Arthroscopy Course
JUN 2021 – present	Reviewer, The American Journal of Sports Medicine
APR 2021 – APR 2023	ABOS Web-Based Longitudinal Assessment (ABOS WLA) General Principles Knowledge Source Group
FEB 2021 – DEC 2022	Reviewer, Arthroscopy: The Journal of Arthroscopic and Related Surgery
JUL 2016 – JUN 2020	Blanchfield Army Community Hospital -Army Interservice Physician Assistant Program -Meharry Medical College, MS3 and MS4 clinical rotations

Community Service/Leadership/Team Experience:

MAY 2022	Site Host, Arthroscopy Association of North America Travelling Fellows -University of Utah
OCT 2022 – present	Team Physician, Utah Jazz – Salt Lake City, UT
SEP 2022 – present	Team Physician, University of Utah Football team – Salt Lake City, UT
APR 2022 – present	Team Physician, Real Salt Lake – Salt Lake City, UT
OCT 2021 – present	Head Team Physician, University of Utah Men’s Basketball team – Salt Lake City, UT
AUG 2020 – present	Team Physician, U.S. Ski and Snowboard, Park City, UT
AUG 2020 – AUG 2021	Team Physician, high school athletics -Battle Mountain High School, Edwards, CO -Eagle Valley High School, Gypsum, CO -Vail Mountain School, Vail, CO -Ski Club Vail, Vail, CO
MAY 2020 – present	Orthopedic Surgery Mentor, The Chicago Medical School, North Chicago, IL
MAY 2020 – present	American Board of Orthopaedic Surgery, Volunteer
JUL 2016 – JUN 2020	Team Orthopedic Surgeon, United States Army 5 th Special Forces Group, Fort Campbell, KY
JUL 2016 – JUN 2020	Team Orthopedic Surgeon, United States Army 160 th Special Operations Aviation Regiment (SOAR), Fort Campbell, KY
JUL 2016 – JUN 2020	Rossvie High School, TN, All-Sport Physicals -Tennessee Orthopaedic Alliance

JUL 2014 – JUL 2015 Medical Student-Resident Liaison, Tripler AMC Department of Orthopedic Surgery

JUN 2007 – JUN 2020 MAJ (06/05/2017) United States Army
- Officer's Basic Leadership Course (2008)
- Combat Casualty Care Course (2011)
- Combat Extremity Surgery Course (2015, 2018)
- Deployment: 102nd Forward Surgical Team, Syria (2018-2019)

Certification/Licensure:

Present American Board of Orthopaedic Surgery, July 2018
Colorado State Medical Board Licensure (DR.0063541)
Utah State Medical Board Licensure (12242625-1205, 12242625-8905)

Present BLS certified
ACLS certified

Affiliations:

JUN 2020 – present Active Member, Biologic Association

APR 2019 – present Active Member, American Orthopaedic Society for Sports Medicine
-ID: 55355

AUG 2015 – present Active Member, Arthroscopy Association of North America
-ID: 21676

JUL 2011 – present Active Member, Society of Military Orthopaedic Surgeons
-ID: 261

JUL 2011 – present Active Fellow Member (FAAOS), American Academy of Orthopaedic Surgeons
-ID: 1022713